

Exploration on the Factors of the Evolution and Development of Sports Humanistic Sociology

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Abstract

The importance of physical education in the development of contemporary society is becoming increasingly prominent. The improvement of national physical quality is the theme of the development of the times. The relevant physical education concepts are constantly enriched, and the physical education model is innovated and optimized in combination with the needs of the development of the times. Sports humanistic sociology has also been further evolved and developed. Using the theories and methods of Humanities and Social Sciences, this paper deeply analyzes the elements such as sports and people, sports and society, and the essence of sports, and optimizes the existing physical education system. This paper mainly explores the factors of the evolutionary development of sports humanistic sociology.

Keywords

Sports Humanities Sociology; Evolutionary Development; Physical Quality; Influence Factor.

1. Introduction

Scholars in different fields also have different definitions for sports humanistic sociology. So far, the academic community has not clearly defined sports humanistic sociology. However, with the development of the times, sports humanistic sociology has had a great impact on physical education and the improvement of national physical quality. Sports science, humanities and other disciplines have had a significant impact on the evolution and development of sports humanities and sociology. The development of various industries in society has innovated many theories and concepts. Various factors outside the discipline have had an impact on the evolution and development of sports humanities and sociology, especially the interdisciplinary factors, self-development factors and social demand factors need to be deeply analyzed to promote the progress and development of sports humanities and sociology.

2. The Influence of Interdisciplinary Factors on Sports Humanities and Sociology

Sports humanities sociology covers the knowledge of philosophy, history, sociology, management, pedagogy, culture and other fields and disciplines. Its purpose is to promote the healthy and stable development of China's sports industry, always adhere to the basic principle of all-round development of morality, intelligence, physique and beauty, and cultivate high-quality talents who can be competent for professional and technical positions and businesses in sports institutions. In the 1990s, the rapid development of sports and sports disciplines promoted the emergence of sports humanities and sociology, making this medical discipline a separate primary discipline. With the rise of other disciplines and the interaction with sports humanities and sociology, sports humanities and sociology broke through the boundaries of secondary disciplines and tertiary disciplines, incorporated the theoretical knowledge of multiple disciplines, and conducted scientific research and Analysis on

sports undertakings and related theories. Especially in the context of network informatization, the interaction rate of information and data has been greatly improved. The information and data exchange between interdisciplinary and interdisciplinary has become the norm. The interdisciplinary makes the exchange and cooperation between various disciplines. To the limit of the boundary of traditional disciplines, the theories and thinking methods of different disciplines have been organically integrated and unified research activities have been carried out.

In the actual development process, interdisciplinary plays a dual role. It not only promotes the knowledge exchange between different disciplines, but also restricts the development of the humanities of the whole enterprise, affects the academic style under different backgrounds, but also has a certain impact on the individual's cognition of the whole sports. In the development of sports in the new era, the theoretical research scope of sports humanistic sociology is expanding, and the theoretical viewpoints are also developing in the direction of diversification. Only relying on the theoretical knowledge of sports discipline itself can not support the evolutionary development of sports humanities and sociology. It is necessary to carry out interdisciplinary and interdisciplinary knowledge interaction, and use the rich basic knowledge and theoretical knowledge of other disciplines as filling to promote the sustainable evolutionary development of sports humanities and sociology [1]. Therefore, the interdisciplinary factors have a far-reaching impact on Sports Humanities and sociology. We need to reasonably grasp the boundary of interdisciplinary, adjust the scope of interdisciplinary with the practical needs of social sports, and ensure the comprehensive and balanced evolution and development of sports humanities and sociology.

3. Study the Influence of Cause Factors on Sports Humanistic Sociology

The reason research factor refers to the research on the principles and theories of the academic point of view, the corresponding original methods and original data, and the exploration on the causes and significance of its existence, which is within the scope of the original research. In the research of sports humanistic sociology theory, conduct a comprehensive exploration, and conduct a comprehensive research on the theoretical knowledge, research methods and original data of sports humanistic sociology, so as to ensure the effectiveness of the research results. Relatively speaking, the original research of a discipline is to adapt to the sudden fundamental change of the concept of discipline subject, and then modify the discipline logic and paradigm of the current discipline. If, in the construction process of the whole discipline, the cause research does not play its due role, resulting in the loss of clear discoveries in the development process of the discipline, causing confusion among research practitioners, and even questioning the various discipline construction objectives and corresponding methods and theories put forward by the discipline founders to a certain extent, there is no doubt that such cause research has lost its original significance, It has affected the normal development of sports humanities and sociology [2].

At present, China's sports humanities and sociology has maintained a high-speed and healthy development trend, conducted in-depth cause research in the development process, and found many problems in the development process of the discipline. With the development and research of subject knowledge, people's value ideas and research methods show a diversified development trend, which also makes people have more prominent doubts about the overall concept of sports humanities and social discipline and the corresponding system and theoretical paradigm. This doubt will undoubtedly affect the comprehensive development of the overall sports humanities and social discipline.

4. The Influence of Self-development Factors on Sports Humanistic Sociology

Self development factors, also known as self sublation factors, refer to the instinct of things to seek advantages and avoid disadvantages in the process of development. They are also the fundamental contradiction in the process of things' development. With the development of time, the social material level will change constantly, and the existence and development of things will be different. In order to maintain the internal development vitality of things and alleviate the contradiction between

sublation and sublation, it is necessary to abandon the dross inside things, Constantly give full play to the advantages of things and absorb new factors, constantly innovate and optimize things, and maintain a good development trend and healthy operation of things.

In the development process, sports humanistic sociology has absorbed the knowledge of many disciplines, continuously expanded and updated its own theoretical viewpoints and research methods, and has made great progress and comprehensive development in the development process. However, people's values and cultural backgrounds have great differences, and diversified values and viewpoints have had an impact on the development of sports humanistic sociology [3]. The difference of values makes individuals have a certain degree of difference in the concept cognition of the overall sports humanities and sociology and the definition of the corresponding discipline attributes, which also produces corresponding disputes and differences. Various differences need to be verified in social practice, which has intensified the evolutionary development of sports humanities and sociology, and the relevant theories of sports humanities and sociology have been comprehensively developed in social practice, The theories that adapt to the social needs and discipline development have been improved, while the theories that do not meet the discipline development and social needs have been abandoned. The research results obtained from the beneficial theoretical views have enriched the reserves of sports humanities and sociology. However, with the development of the times, the theories verified in the actual development process have been questioned again, resulting in certain disputes, continuous differences and disputes, as well as continuous improvement and verification, It promotes the development of sports humanities and sociology. This process of continuous verification, improvement and abandonment is also the process of self sublation of sports humanistic sociology and the practical needs of self-development. Only by constantly making effective changes to its own development can it ensure that the discipline itself can be comprehensively expanded and updated, and its own humanities and social discipline system can be comprehensively developed and optimized [4].

5. The Influence of Social Demand Factors on Sports Humanistic Sociology

Social needs promote the evolutionary development of sports humanities and sociology, and the evolutionary development of sports humanities and sociology also promotes the development of social and cultural undertakings. Just as in the process of social development, people formulate development plans to meet their own development needs. For example, the progress of social technology is based on the needs of social technology. The needs of modern science and technology promote the innovation and progress of science and technology, as well as sports humanities and sociology. The realistic development needs of social sports promote the innovation of sports theoretical knowledge, and the development needs of sports market inject vitality into the development of sports humanities and sociology. At present, the development of social science, education, culture and health is the mainstream. People's pursuit of good physical quality and the vigorous development of sports have promoted the development of sports humanities and sociology, especially the interaction between politics, economy, culture and science and sports, discipline interaction and cross domain resource interaction, which makes the development of sports show a diversified trend, The national pursuit of sports also makes the development of sports humanities and sociology adapt to the needs of diversified individuals and meet the practical needs of the people. Based on the development law of sports market, sports humanistic sociology should also verify and adjust its own theory according to the objective law of the development of sports market, so as to realize the further development of sports [5].

6. Conclusion

As a highly comprehensive discipline, sports humanistic sociology covers many fields and subject knowledge. The purpose of its research is to cultivate high-quality sports professionals and promote the healthy and stable development of China's sports industry. In recent years, China's sports humanistic sociology has been evolving and developing. Discipline interaction, cause research, self-

development and social needs are the main factors affecting the evolutionary development of sports humanistic sociology. In the future research process, we should actively promote the development of sports humanistic sociology.

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