

Evaluation on Clinical Efficacy of Traditional Chinese Medicine

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Abstract

Traditional Chinese medicine (TCM) has made great contributions to Chinese medicine, and also affects the development and progress of medicine in various ethnic groups and even surrounding countries. It has gradually become an important reference content of traditional medicine all over the world. In recent years, medical workers have made use of traditional Chinese medicine to care for patients and achieved obvious results. This paper mainly analyzes and studies the effect of traditional Chinese medicine nursing in the process of nursing treatment for patients, and meanwhile analyzes the problems existing in the process of clinical nursing of traditional Chinese medicine.

Keywords

Traditional Chinese Medicine; Clinical Effect; Evaluation.

1. Analyze the characteristics of TCM theory and clinical nursing treatment

Medical personnel through the establishment of TCM intervention measures, using the theory of effective scientific hypothesis and the objective and reasonable evaluation index to analyze the effect of clinical nursing research, through the analysis of the results can be seen that medical personnel through the technology of traditional Chinese medicine can reasonably determine patients, "suit the remedy to the case" at the same time, can effectively improve the effect of patient care, So that patients can recover early health. Therefore, it can be explained that after analyzing the clinical effects of traditional Chinese medicine, medical staff can analyze and study the advantages of traditional Chinese medicine by combining theory with clinical characteristics. [1-4]

1.1 TCM diagnoses diseases through a dialectical mode of thinking

In the process of nursing and treatment, traditional Chinese medicine mainly pays attention to the ideas of "holistic view" and "dialectical theory of treatment". Therefore, in the process of nursing and treatment for patients, medical staff use the idea of "dialectical theory of treatment" to judge the patient's condition and "apply the appropriate medicine to the case". Therefore, the thought of "dialectical treatment" mainly shows that TCM has certain thinking ability of clinical nursing treatment and judgment ability of pathological rule. "Dialectical" is the premise of nursing treatment, "syndrome" is the value of nursing treatment, and "combination of symptoms" is a mode of nursing treatment in traditional Chinese medicine. Disease is mainly due to a series of physiological reactions between the patient and the external environment, which leads to the disorder of the patient's internal physiological function, and the clinical manifestations often belong to a complex syndrome or separate syndrome. In the process of nursing treatment for patients, medical staff can treat complex syndrome as a whole and carry out holistic nursing treatment on it, so as to effectively improve the nursing effect. The main characteristic of "dialectical treatment" is that it changes according to the changes of syndromes and symptoms in the process of clinical nursing treatment, so it has certain research value. Therefore, medical workers in the process of rehabilitation nursing on patients with treatment, mainly on the basis of the traditional nursing treatment, according to the patients to set up the targeted nursing treatment, from the perspective of diagnosis thinking method to emphasize traditional medical interventions, at the same time, according to the basic principles of "disease", to

confirm the need to detect objects, This paper objectively evaluates and analyzes two kinds of TCM diagnostic thoughts: "holistic view" and "dialectical theory of treatment".[5-8]

1.2 Traditional Chinese medicine adjusts the patient's body as a whole

Traditional Chinese medicine is mainly through the patient's heart, liver, spleen, lung, kidney, meridians, Qi and blood and other functions to regulate, so that patients have a stable internal environment, orderly maintenance of the patient's normal activity function, so that patients as soon as possible to adapt to the differences in internal and external environment. In the nursing treatment of patients, the medical staff mainly uses the compound nursing treatment method. Although the compound nursing treatment method uses a single target to nurse and treat diseases, it has obvious effects. Because of the multi-level, multi-link and multi-target characteristics of compound medicine, the analysis and research on the pathology of patients from the perspective of biomedical analysis can effectively change the pathological characteristics and have a certain degree of intervention. Medical staff from the clinical point of view of the patient's anatomical data, pathological damage data and biochemical index change data analysis and research, can effectively improve the effectiveness of traditional Chinese medicine medicine treatment, improve nursing satisfaction, objectively evaluate the efficacy of intervention nursing measures. In recent years, with the continuous reform and innovation of medical nursing mode, the nursing treatment of traditional Chinese medicine does not only stay in the traditional local pathology research, but also take intervention nursing measures from the perspective of patients as a whole. Medical staff through the objective and scientific combination of traditional Chinese and western medicine nursing treatment, so as to effectively improve the patient nursing effect and nursing efficiency.[9]

1.3 Nursing characteristics of integrated traditional Chinese and western medicine

In the process of patient care and treatment, medical staff can effectively kill the bacteria by using the method of combining traditional Chinese and western medicine, so as to inhibit the growth and reproduction of the bacteria and kill tumor cells. The combination of Chinese and Western medicine nursing can effectively foster strengths and circumvent weaknesses, complement each other, and maximize the efficacy of Chinese and Western medicine. Medical staff according to the advantages of traditional Chinese and western medicine nursing treatment, according to the patient's own rehabilitation to develop the best plan of nursing treatment, scientific, reasonable, objective evaluation of the effect of nursing treatment, expand the field of traditional Chinese and western medicine nursing, effectively promote the study of Chinese and western medicine, to provide value for clinical nursing.[10-12]

2. Analyze and study the effectiveness of traditional Chinese medicine through clinical research and scientific methods

In recent years, in the process of nursing treatment for patients, medical staff, according to the patient's own physical conditions, combined with traditional Chinese medicine for patients nursing treatment, so it can be concluded that traditional Chinese medicine nursing has an important position in the field of medicine in China. Medical staff in the process of daily work, through the clinical nursing related content combined with traditional Chinese medicine characteristics, analyzes the characteristic of traditional Chinese medicine research, at present our country range by adopting randomized controlled technology for traditional Chinese medicine (TCM) clinical condition to estimate, the calculation method has strong subjectivity, insufficient attention to main data application, which affect the authenticity of the data. Many Chinese herbal medicines are obtained through human trials and clinical nursing observation of nursing effects, so it seems that theoretical knowledge is formed by different practices. It is precisely because a group of medical personnel have the courage to study, constantly improve and develop the research on Chinese herbal medicine, combined with clinical professional knowledge, effectively improve the nursing effect of patients, so that patients can recover health as soon as possible. The medical staff evaluates the clinical nursing effect of

traditional Chinese medicine by the scientific method of clinical research, so that the nursing method of traditional Chinese medicine is scientific, authentic and perfect.

3. Determination of quality of life

With the continuous improvement of people's living standards, people not only simply pay attention to physical health, but also pay attention to mental health, mental health, social life and so on. In the process of nursing and treatment for patients with chronic diseases, medical staff not only need to pay attention to the changes of patients' vital signs in real time, but also need to provide psychological counseling for patients, and encourage patients to face the disease positively and optimistically by improving their mental level. Traditional Chinese medicine advocates the "holistic concept". In the process of choosing traditional Chinese medicine nursing methods for patients, medical personnel need to consider not only the social environment of patients, but also the living environment, so as to effectively improve the rehabilitation efficiency of patients.

4. Concluding remarks

To sum up, medical staff can effectively improve the rehabilitation of patients, especially for patients with chronic diseases, improve the quality of life of patients, improve the scientific, reasonable and routine nursing treatment, and provide the possibility for Chinese medicine to go to the world.

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