

The Influence of Intelligent Classroom on the Teaching Quality of Physical Education in Colleges and Universities

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Abstract

With the continuous development of science and technology, smart classroom is gradually entering the middle school campus. On the one hand, it expands teachers' own teaching ideas, on the other hand, it also meets the needs of students' diversified learning. If in the actual teaching process can choose the right teaching content, and effectively show students the right sports skills, it will naturally be able to promote students' interest in physical exercise on the basis of better development of middle school students. Based on the actual situation, this paper analyzes the influence of intelligent classroom on the teaching quality of physical education in Colleges and universities.

Keywords

Smart classroom; College physical education; Physical education; Teaching quality.

1. Introduction

With the development of the new round of education curriculum reform, the classroom teaching reform is deepening. As early as in the article "curriculum reform of basic education", the education department put forward the important strategy of "improving the comprehensive quality of students by improving the current situation of curriculum". But at present, the rigid physical education classroom model has made the reform process of physical education classroom teaching can not be better carried out. How to change the inherent teaching mode of physical education on the basis of physical education classroom to play a greater benefit has become a problem that everyone is considering. The majority of primary schools should introduce wisdom into the physical education classroom on the basis of analyzing the differences in the quality of different students. This paper mainly analyzes the impact of smart classroom on the quality of physical education teaching in Colleges and universities.

2. Basic connotation of smart classroom

In the basic concept of smart classroom teaching, professionals effectively bring smart classroom into the process of teachers' teaching, and set appropriate teaching strategies and teaching methods based on students' wisdom. In the actual course of class, we can take the teaching wisdom of teachers as the goal to better enable students to develop forward, and ultimately enable students to have a more profound experience [1]. With the continuous development of the information age, smart classroom has become an important classroom model, which not only improves students' interest in learning from the perspective of audio-visual, but also makes students full of enthusiasm for classroom learning.

3. The application of smart classroom in Physical Education

3.1 Extend wisdom through self practice

Physical education teachers can improve the efficiency of classroom teaching by innovating teaching mode. On the one hand, it can effectively enhance students' interest, on the other hand, it can also actively try. In the process of self-study and self practice, students can practice sports techniques and skills from life. As a professional physical education teacher, he can effectively teach students according to their aptitude on the basis of analyzing the actual performance of students, and then effectively create and reorganize teaching materials. From the practice process, the majority of physical education teachers can also master more physical education knowledge through the innovation of physical education teaching mode. Therefore, sufficient wisdom will be effectively extended in the physical education classroom.

3.2 Exchange wisdom through group cooperation

In the sports wisdom class, most students need to acquire new wisdom in the process of communication. Regular cooperation and communication is the internal teaching mode of physical education classroom. In the process of implementing physical education, teachers need to take the most important independent learning mode of teaching and degree. The conventional teaching mode of cooperation and exchange can not only make students better realize the complementary advantages, but also form effective interpersonal relationship, and students' personality will develop better. Therefore, in the process of practical cooperation and exchange, various groups will play an important role.

The process of cooperation and communication can not only make students complement each other's advantages better, but also form a good interpersonal relationship, and finally develop students' personality better. Therefore, in the actual process of cooperation and exchange, it is necessary to be able to form appropriate groups. In addition, the important principle of "homogeneity among groups and complementary advantages" shall be followed in the process of group formation [2]. And in Russia after you wash different learning situation to improve the comprehensive quality of each group of students. In the process of learning physical education, physical education teachers need to determine the appropriate learning content after analyzing the internal content of teaching materials. Finally, we can also effectively carry out ideological collision under the mode of "mutual assistance between teachers and students", in order to better find new highlights in the wisdom spark, students can naturally understand the importance of learning and practicing in the physical education classroom on the basis of resonance.

3.3 Students show open wisdom

Students must show new ideas and methods effectively in the process of exploring results. The essence of physical education teachers' wisdom is to let students find the flash point in the process of learning. Only by making these bright spots full of wisdom reach a better consensus can we effectively improve the teaching efficiency. In the actual process of physical education teaching, the process of students' presentation will play an important role. Most students need to make students break through themselves better on the basis of demonstration and cooperative learning, so that they can better play the classroom effect.

3.4 Classroom summary and wisdom extension

Physical education teachers can use class summary to let students effectively review the whole learning process, and let students think more. On the one hand, classroom summary is an important part of building students' knowledge system, on the other hand, it can also play an important role. But for the majority of physical education teachers, the classroom summary process is more like a review, more able to complete the final stage of teaching. On the one hand, it can analyze the key points and difficulties in the classroom, on the other hand, it can help teachers to reflect effectively.

3.5 Creating wisdom through classroom practice

If the content of internal exercises in PE class is too single, students will feel very boring. Therefore, many students will be full of conflict with the process of classroom practice. However, the regular PE class practice can effectively consolidate all kinds of skills. Professional PE teachers in Colleges and universities can help students to practice safely in the face of students with different personality characteristics, and effectively deepen their interests. If a physical education teacher can fully mobilize the enthusiasm of students' practice in the classroom, it will naturally enable students to develop better. If teachers can adopt the strategy of "teaching students according to their aptitude", they will be able to meet the needs of different students. Therefore, a physical education teacher needs to be a real intelligent physical education teacher on the basis of innovative education mode.

4. The influence of integrating smart classroom into physical education

4.1 Effectively enhance students' experience

Most of the physical education courses are carried out outdoors, and ultimately can improve the overall quality of students by improving their sports skills. The traditional physical education classroom not only has no way to better mobilize the enthusiasm of students themselves, its teaching effect is also very unsatisfactory. But in the conventional perspective of smart classroom, most teachers design all kinds of sports activities based on the Internet. Whether it's a simple basketball or a single sports event, students can follow the ordinary video to better exercise. When necessary, we can choose the items we really like to train, which can not only stimulate the students' interest in PE class, but also make them experience the sport better.

4.2 Enrich the teaching content

Most teachers will develop the internal content of the smart classroom in the direction of diversification, and then the teaching strategies adopted become more and more diverse. In the traditional physical education classroom, although gymnastics, ball games and running and jumping training methods are quite common, even if teachers lead students to play games, the teaching content will naturally become very boring. It is because its teaching method is too single, so it is often unable to relieve the pressure and pleasure of body and mind. In most of the time, physical education has even become the burden of students in class. If smart classroom can be introduced into physical education, not only can teachers' own teaching ideas be opened at the first time, but also can effectively recommend diversified sports to students [3]. For example, there are a large number of reality shows on TV that will put forward higher requirements for the players. If teachers can introduce materials into the physical education classroom, students will be able to develop better, and ultimately, they will be able to better promote the physical and mental development of students.

4.3 Effectively close the distance between students and teachers

In the traditional physical education classroom, although teachers can also lead students to play various games, they will not play an important role. Most of the distance between teachers and students is not closer. However, in the context of smart classroom, teachers can use a variety of teaching methods to better teaching. For example, before the actual game, we can first use multimedia video to explain the corresponding content, and can help students to make better suggestions on the basis of collecting the wisdom of students. In the process of practical communication, students can effectively enjoy their body and mind in the process of activities, so as to better increase the teachers' good feelings for students. In addition, students can also effectively communicate with teachers after they realize their intentions. In the actual process of physical education teaching activities, students and teachers can more effectively integrate with students, and then deepen each other's feelings.

5. Conclusion

As a positive teaching method, students need to deal with the teaching process effectively and skillfully in the process of teaching practice, and more students can actively participate in physical

education activities. Most students will also put forward higher requirements for PE teachers. More and more physical education teachers need to improve and update teaching methods on the basis of effectively ignite the desire of students to learn, and finally can open the wisdom of students and teachers.

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